

PP36716. Proposed by Pirkuliyev Rovens.

If $x \in \left(0, \frac{\pi}{4}\right)$, then prove:

$$\frac{4 - \cos x}{\pi} < \frac{3\sqrt{2}}{4}.$$

Solution by Arkady Alt, San Jose, California, USA.

Since $\cos x \geq \frac{1}{\sqrt{2}}$ suffices to prove inequality $\frac{4 - \frac{1}{\sqrt{2}}}{\pi} < \frac{3\sqrt{2}}{4} \Leftrightarrow$

$$4 - \frac{1}{\sqrt{2}} < \frac{3\pi}{2\sqrt{2}} \Leftrightarrow 8\sqrt{2} - 2 < 3\pi \Leftrightarrow 8\sqrt{2} < 3\pi + 2.$$

Note that $3\pi + 2 > 3 \cdot 3.14 + 2 = 11.42 > 11.4 = \frac{57}{5}$.

And since $8\sqrt{2} < \frac{57}{5} \Leftrightarrow 40\sqrt{2} < 57 \Leftrightarrow 3200 < 57^2 = 3249$ then

$$8\sqrt{2} < \frac{57}{5} < 3\pi + 2.$$